Breakfast Nook

Canaan Valley's Newest Breakfast Place

Home of the
BACONATOR

Open 7 Days a week
7am to 11 am

304-460-4584

The Breakfast Nook, Home of the "Baconator," is Canaan Valley's only breakfast restaurant open 7 days a week, 365 days a year from 6 to 11 am. Offering standard breakfast fare from Bacon and Farm Fresh Eggs, to homemade biscuits and gravy, the menu options are sure to please. The "Baconator," a Belgian Waffle with bacon inside the waffle, is a local favorite! The southwestern omelet and the hash browns also are big pleasers.

Breakfast Nook also offers breakfast with a purpose! The young adults working at the Nook are participants in a young adult program that helps them to learn life skills and eventually be able to live independently and in a healthy way. Angie and Matt Shockley, owners of the Breakfast Nook, have provided this opportunity for the young adults so that they can grow beyond their mom and dad's care, and live a fulfilling life. While in the program, the young adults are not only taught an array of life skills, but they also put to use what they learn every day.

Matt oversees the kitchen, teaching the young adults the skills needed to provide a quality breakfast to the patrons, as well as teaching them how to run the business. The kids are involved in every aspect of running the business, from food ordering, daily receipts, banking, and quality control. The key focus is to provide Canaan Valley with a great place to have breakfast every day.

Call 304-642-9070 for more information or check Facebook at facebook.com/breakfastnook.